

We are one big Community and would love you to take part in our Health +
Happiness Art Competition.
Draw something that is about Health & Lifestyle.

2021







McCARTHY STONE

James Walker





Our Art competition is open to all Children living in Cumbria.

The Challenge... is to make an A4 picture that is about: 'Health + Healthy Lifestyle'

Your picture can be about healthy eating, exercise or keeping your mind / body happy & healthy.

Please add a small blue tractor somewhere in your picture too!!

Media: Collage, Drawing or Painting Three Age Groups: 3-6, 7-10, 11-14

Closing Date: 14th July 2021

Winners notified by: 5pm on 19th July 2021 Prize Giving Celebration on: 21st July 2021

The Winner... from each age category £100.00 First Prize (Book or Art Materials) £50.00 Runner Up Prize (Book or Art Materials)

All Designs will be displayed as part of the community digital exhibition project. Winning pictures will have their design printed on Pharmacy Materials, so health + happiness can be shared throughout our community.

How to Enter: Take a photo of your artwork, scan it and upload your pictures with the following details included in the email: Name, Address, Age, Telephone Number and email it to: Nicolas.Cowley@gp-a82021.nhs.uk Or post to: Nicolas Cowley at Castlegate Surgery & Pharmacy, Cockermouth Health Centre, Isel Road, Cockermouth, Cumbria, CA13 9HT All paper documents will be handled under restrictive measures.

Finally, please help us share the health + happiness. Ask your parent or relative to take a photo of your artwork and upload it onto social media, adding hashtag #makechildrenhealthy and we will find it and share on our Facebook page.

The winning art will need to be submitted in its original form. Further rules and regulations can be obtained from Nicolas.Cowley@gp-a82021.nhs.uk





Our Judging Panel

Barry Lloyd

Chief Executive, Lloyd Ltd

We have provided the Castlegate entities with a New Holland tractor and our show unit to enable them to support the community with mobile healthcare services. We are delighted to get involved with this excellent community competition. I am looking forward to seeing what amazing ideas you come up with!

Sue Colling

Marketing Manager, Lloyd Ltd

We have really enjoyed working with Castlegate to help them support the local community. Drawing is such a great way of being creative and looking at life in a different way so this competition is an exciting opportunity for everyone to show off their skills and ideas. I am excited to see your designs!



Dr Jude Ashburner

GP Partner
Castlegate Surgery
Judicator for the
competition

Rebecca Ballantyne

Business Change Manager, UK ARC

I am a passionate promoter of science, technology, engineering and maths to our younger generation. Challenging stereotypes, removing barriers and encouraging our children to reach for the stars and beyond! Winner of two highly commended national awards, 2019 and placed on the global shaker top 20 international women in science, 2020.

Co-founder of Kreative Kidz Cumbria, which was established as a free creative STEM hub to provide support to families home schooling. Full of activities using items available in the home for lockdown learning fun. I'm so excited to be a judge for this competition and can't wait to see your creations!



Cockermouth Emergency Response Group Administrator

I started working for Cockermouth Emergency Response Group as their part-time administrator in October 2017. It has been an honour to help our community during this time and our work would not have been possible without all our volunteers (many of whom are new) wanting to help. I studied art at school and in sixth form, so I am delighted to be able to help judge this art competition.

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